



RESEARCH FOR BETTER MENTAL HEALTH

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Call for Hackathon participation

IT4Anxiety is an Interreg North-West Europe project launched in 2019. The hospital CNP Saint-Martin is the coordinator of this project which aims to strengthen the mixed therapeutic approach and to integrate validated innovative tools into professional practices.

It involves 12 partners from **6 European countries** from various backgrounds: start-ups, technology companies, mental health institutions, research centres and public authorities.

The Belgian University of Applied Science, Haute Ecole de la Province de Namur (**HEPN**) is responsible for one of the three work packages relating to training, implementation of innovative tools and the creation of a new job profile; the eMental Health Referent.

The project supports the dynamics of co-creation and the development of innovative solutions by developing the joint skills of users and professionals. To that end, five **hackathons** will be organised, notably in March 2021 in **Amsterdam**. The resulting innovative solutions will be tested and validated with users, start-ups, mental health professionals within the project.

A unique opportunity for innovative start-ups to join the consortium!

In short, the project's goal is to promote the management of **anxiety through innovative technologies for better mental health**.

IT4Anxiety really wants to enable professionals to take a big step forward by 2023.

Partners:

- CNP Saint-Martin (Belgium)
- GAC Group (France)
- Ulster University (UK)
- National Health Services Western Isles (UK)
- Haute École de la Province de Namur (Belgium)
- EPSM Lille Métropole – Centre Collaborateur OMS Lille (France)
- Vrije Universiteit Amsterdam (Netherlands)
- Evangelisches Klinikum Bethel (Germany)
- Namur-Europe-Wallonie asbl (Belgium)
- Agence pour la Coopération Scientifique Afrique Luxembourg (Luxembourg)
- Brainscan BV (Netherlands)

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