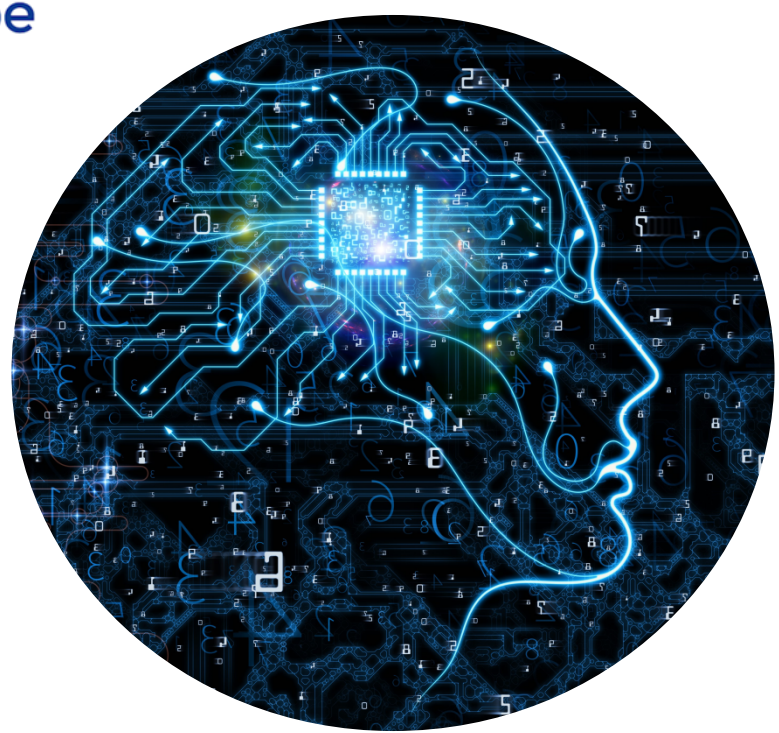
Interreg
EUROPEAN UNION
North-West Europe
IT4ANXIETY
European Regional Development Fund



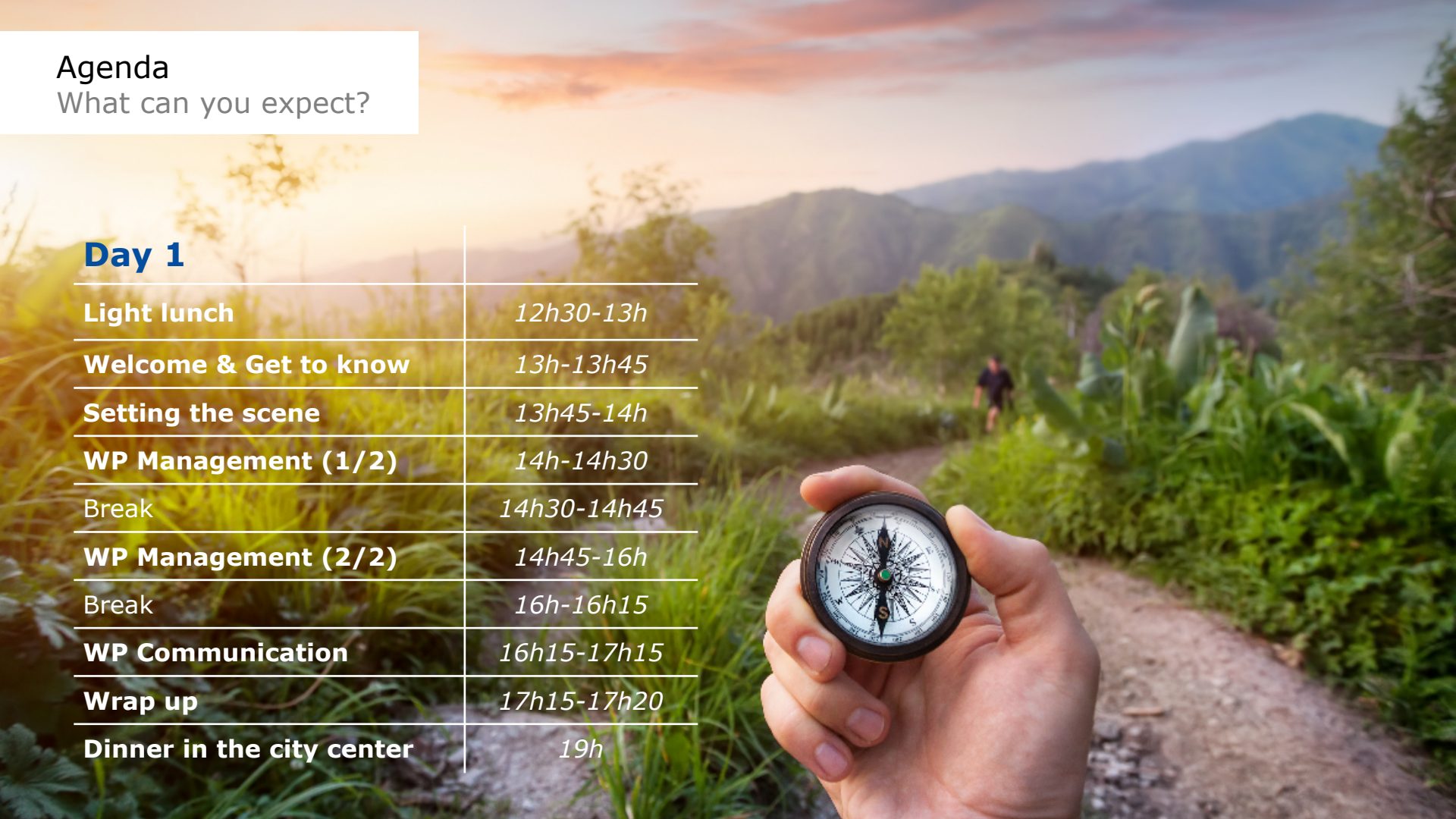
# IT4Anxiety

## Project Kick-off

Amsterdam 9-10 March 2020

# Agenda
What can you expect?

| **Day 1** | |
|---|---|
| **Light lunch** | *12h30-13h* |
| **Welcome & Get to know** | *13h-13h45* |
| **Setting the scene** | *13h45-14h* |
| **WP Management (1/2)** | *14h-14h30* |
| Break | *14h30-14h45* |
| **WP Management (2/2)** | *14h45-16h* |
| Break | *16h-16h15* |
| **WP Communication** | *16h15-17h15* |
| **Wrap up** | *17h15-17h20* |
| **Dinner in the city center** | *19h* |



# Welcome & Get to know

# Welcome & Get to know

# Setting the scene

# Setting the scene

# WP Management

# WP Management

# WP Communication

# WP Communication

# Wrap up

Thank you for your
attention!

# Agenda
What can you expect?

| Day 2 | |
|---|---|
| **Welcome & Get to know** | *9h-9h45* |
| **Setting the scene** | *9h45-10h* |
| **Inspiration** | *10h-10h15* |
| **WP1 Identification of the needs** | *10h15-11h15* |
| Break | *11h15-11h30* |
| **WP2 Technical piloting and validation** | *11h30-12h30* |
| **WP3 Tools implementation** | *12h30-13h* |
| **Wrap up** | *13h-13h05* |
| **Light lunch** | *13h05* |

# Welcome & Get to know

# Welcome & Get to know

# Setting the scene

# Setting the scene

# Inspiration

# Inspiration

# WP1 Identification of the needs

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# WP2 Technical piloting and validation

# WP2 Technical piloting and validation

# WP3 Tools implementation

# Introducing the WP3 Tools implementation

Quentin Bullens
PhD psychologist
Associate Professor
Research coordinator

WP3 project coordinator
From March the 1st
Part time
For HEPN
HAUTE ÉCOLE DE LA PROVINCE DE NAMUR

**Brief reminder**

WP3

*Implementation of innovative tools*
*and change of culture in the mental health sector*

*—> Risk!?*

*Reject*
*(€conomic)*
*Ethic*

Introducing the WP3 Tools implementation

**Brief reminder**

WP3

*Implementation of innovative tools*
*and change of culture in the mental health sector*

Reject
(€conomic)
Ethic

—> *Risk!?*

1. In situ trainings for professionals (content and documents) / simulation
2. Development of a job profile of eMental health referent
3. Integrate the sensitization of the future professionals
4. Implementation of innovative tools

## Introduction

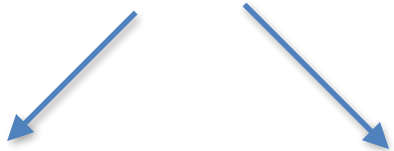
1. Test implementation

2. Think implementation
(or maybe organize it ?)

3. ethical aspects

## Method - 1. Test Implementation

- Use current clinical digital test to better understand professionnals
- By exemple : SedaKit oncomfort - Digital Sedation



~~Validation of the tool~~ Implementation of the tool

## Method - 1. Test Implementation

- By exemple : SedaKit oncomfort - Digital Sedation

Implementation of the tool

TO : H0 = digital solutions are not preferentially cited for anxiety management.
Qualitative approach = what's their opinion about digital solution ?

T1 : crtl group (classic method) and experimental group (digital tool)

T2: test the H0
Is their opinion evoluate about digital solution.

T3: (evaluate if change are stable over time.)

## Method - 1. Test Implementation

TO : H0 = digital solutions are not preferentially cited for anxiety management.
Qualitative approach = what's their opinion about digital solution ?

T1 : crtl group (classic method) and experimental group (digital tool)

T2: test the H0
Is their opinion evoluate about digital solution.

T3: (evaluate if change are stable over time.)

population —> students
—> trainees
—> professionnals

**—> toward application on WP2 (test sites)**

## Method 2. Organize the implementation

brakes & forces

IT

create new ways of learning

job profile
& training

academics students

eECTS ?

## Method 2. Organize the implementation

ACADÉMIE
DE RECHERCHE ET
D'ENSEIGNEMENT
SUPÉRIEUR

FÉDÉRATION
WALLONIE-BRUXELLES
LE PARLEMENT

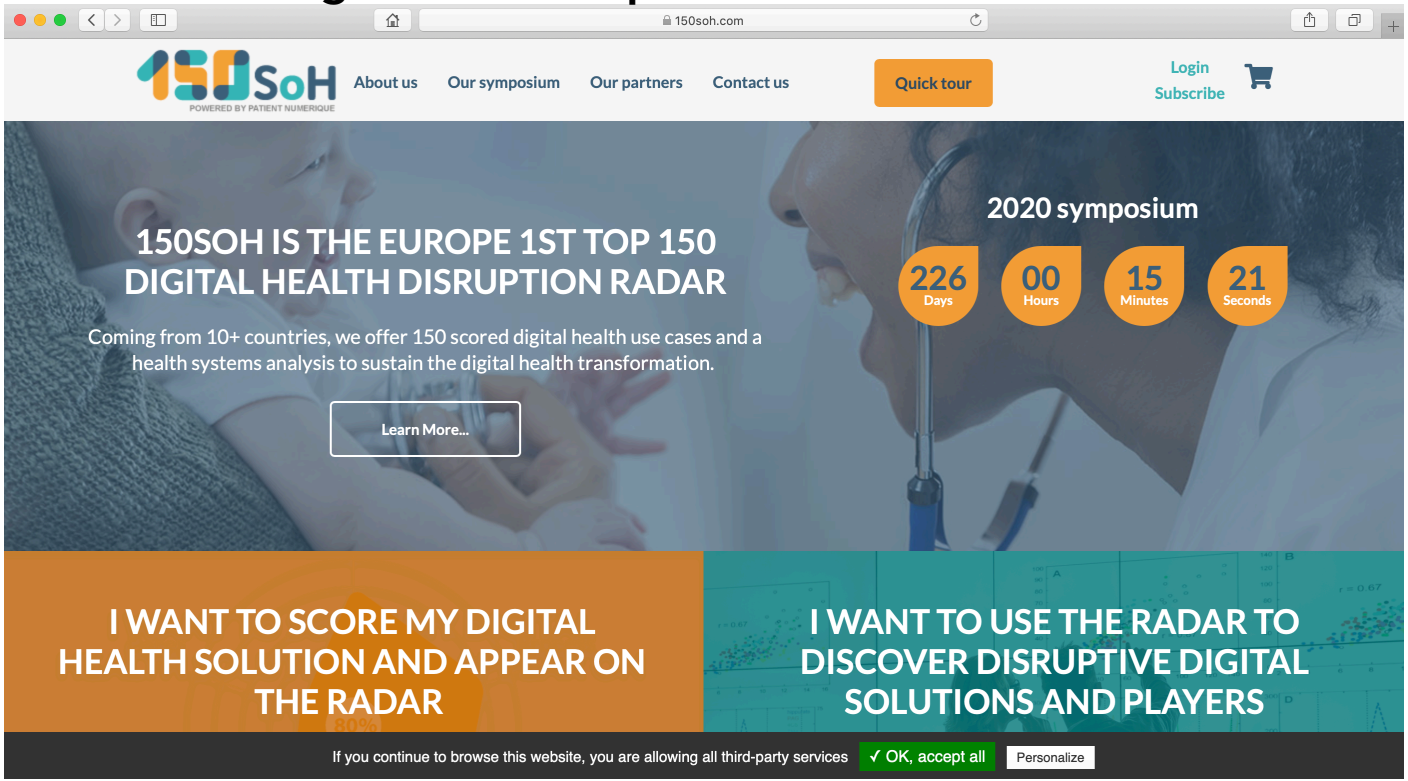
Introducing the WP3 Tools implementation

# Method 2. Organize the implementation

# Method 2. Organize the implementation

# Introducing the WP3 Tools implementation

## Method 2. Organize the implementation

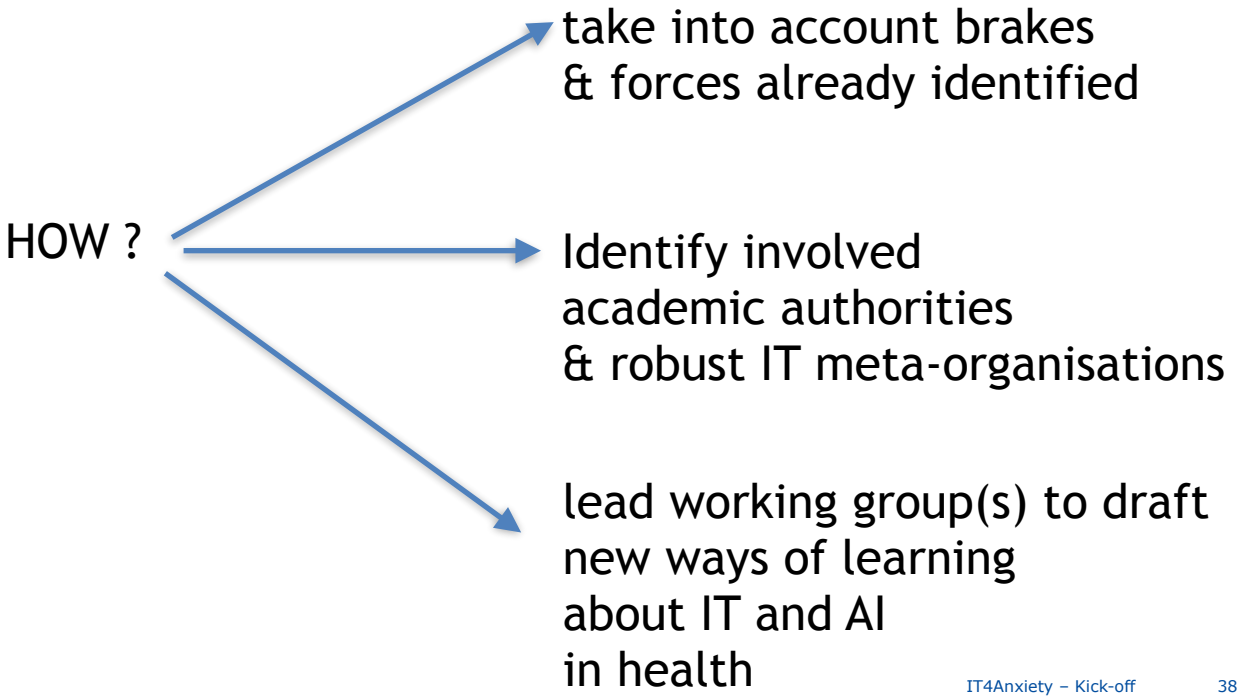



WP3 is not to identify blocking points or strengths but to allow IT actors and politicians to build bridges for implementation.

# Method 2. Organize the implementation

## Method 2. Organize the implementation

WP3 is not to identifies brakes and forces but to allow IT actors and politicians to build bridges for implementation.



## Method 2. Organize the implementation

new institutionnal ways of learning
is NOT ways of teaching
BUT institutional framework

professionnals need:
- time
- institutionnal recognition
- people from the IT sector directly relevant to their field

## Method 3. Ethical aspects

CNP would create a international committee

HEPN currently wants to better organize its ethical procedure

- ooops too late, the train enters the station… Sorry!

- That’s what we think today… but let’s see what it will be tomorrow with your lightening… as I said:

# Wrap up

Thank you for your
attention!

# Annex

FREDERICK
MARRYAT
EASY
ASIMOV'S
ROBOT
TRAVEL
FIASCO
SPYCATCHER
PITCHIN
ANGEL
INSIDE
YAHOO
LIABILITY

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Interreg Blue

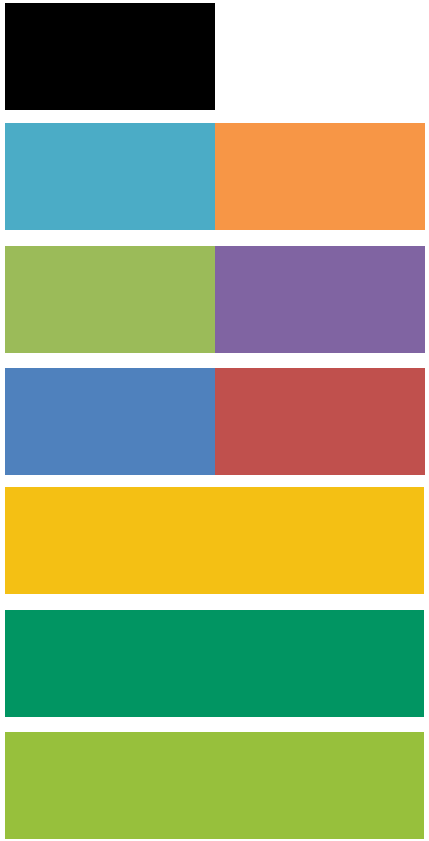
Neutral Blue

Neutral Grey

Highlight Color

Innovation

Low Carbon Economy



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