

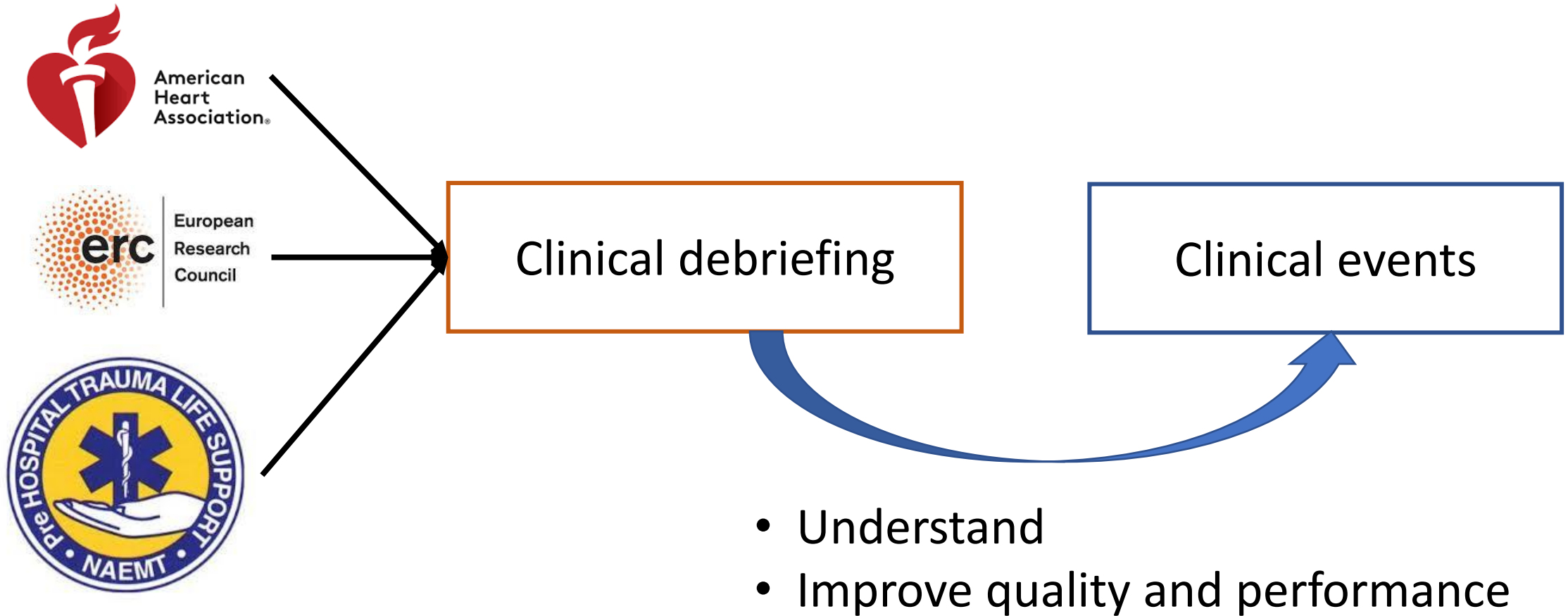


Debrief it or not ?



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What is clinical debriefing ?



What ?

- A **method** to facilitate discussion of **actions**, **guide reflection** and **transfer learning behaviors** into clinical practice (Servotte et al., 2020)

When?



+

- Availability
- Minimizing recall bias
- Urgent issues

-

- Time
- Space
- Emotional issues

Immediately after → Hot

When?



Immediately after → Hot

Minutes/hours after → Warm

+

- Availability
- Minimizing recall bias
- Urgent issues
- **Programmed**

-

- Time
- Space
- Emotional issues
- **Absence / rejection**

When?



Days after → Cold

+

- More data
- Non participant

-

- Availability
- Recall bias
- Discussion with a larger group



What can we debrief ?



How ?

- Plus / Delta analysis

How ?

Adaptation DISCERN tool

(Mullan et al., 2013)

3 sections

4 stages

Report Template

Background	Debriefing Structure and Suggested Language	Debriefing Notes and Report Template
<p>1. Date :</p> <p>2. Shift : Morning / Afternoon / Night</p> <p>3. Unit:</p> <p>4. Number of COVID confirmed/ suspected cases handled during this shift:</p> <p>5. Number of COVID confirmed/ suspected related deaths during this shift:</p> <p>6. Interventions (check all applicable):</p> <ul style="list-style-type: none"><input type="checkbox"/> Intubation<input type="checkbox"/> CPR<input type="checkbox"/> Defibrillation<input type="checkbox"/> ECMO<input type="checkbox"/> Nebulization[s]<input type="checkbox"/> Non-invasive ventilation (BiPAP, CPAP, High Flow Oxygen)<input type="checkbox"/> Family Meeting<input type="checkbox"/> Ethics consultation or Triage Office (Crisis Standards) <p>Other: _____</p> <p>7. Members present:</p> <ul style="list-style-type: none"><input type="checkbox"/> Attending Physician[s]:<input type="checkbox"/> Nurse[s]:<input type="checkbox"/> Resident[s]:<input type="checkbox"/> Advanced Practice Prov's:<input type="checkbox"/> Student[s]:<input type="checkbox"/> Respiratory:<input type="checkbox"/> Logistical support:<input type="checkbox"/> Administrative:<input type="checkbox"/> Other: _____<input type="checkbox"/> Other: _____<input type="checkbox"/> Other: _____ <p>8. Debriefing Leader(s) and Scribe:</p> <p>ID #1: _____</p> <p>ID #2: _____</p> <p>ID #3: _____</p>	<p>1. Introduction:</p> <ul style="list-style-type: none">• Thank you for being present for this debriefing, which usually takes. We will spend 10-15 minutes to complete together as a group. I'll be around after if anyone want to talk further. How about if we end at or before: _____• We are debriefing as a team in order to improve our processes and outcomes for patients and our team members. Debriefing can provide education, quality improvement opportunities, and opportunities to process emotions. It is not a blaming session, and everyone is encouraged to participate. Anything discussed that is patient related is privileged and confidential for internal quality and safety review purposes – we are legally protected from liability.• If available, give a brief report of coronavirus related activities in this past shift [local unit scan determines which components to cover: total patients screened for PUI, total PUI, total confirmed COVID patients, new or updated protocols etc.]• We would now like to turn to everyone to discuss their reflections on this shift, what they thought went well, and what they thought we could do differently in the future. <p>2. Reactions:</p> <ul style="list-style-type: none">• Invite sharing of emotions or initial reactions• Listen, affirm, and validate. Don't probe deeply <p>3. Discussion:</p> <ul style="list-style-type: none">• PLUS: Invite reflection and sharing of successes from the prior shift. "What went well to help us achieve our objectives during the shift?" "What went well that we want to repeat?" "What was successful?" (Document under #3)• DELTA: "What could we do differently to provide better care for our patients and our team members in the future?" "Suggestions for improvement..." "How could we solve the problem?" (Document under #4)• INNOVATION IDEAS "What other innovations and improvements arose today?" (Document under #5) <p>4. Closing:</p> <ul style="list-style-type: none">• Invite "take-aways" or closing statements from team• Summarize key Action Items and Lessons Learned• Thank everyone for their participation	<p>1. Time debriefing started:</p> <p>2. Reactions and Context: (document if appropriate or leave blank):</p> <p>3. PLUS comments:</p> <p>4. DELTA comments of what could be done differently or improved: (add potential solutions if when possible)</p> <p>5. INNOVATION IDEAS (Action Items, Lessons Learned)</p> <p>6. Time debriefing ended:</p>

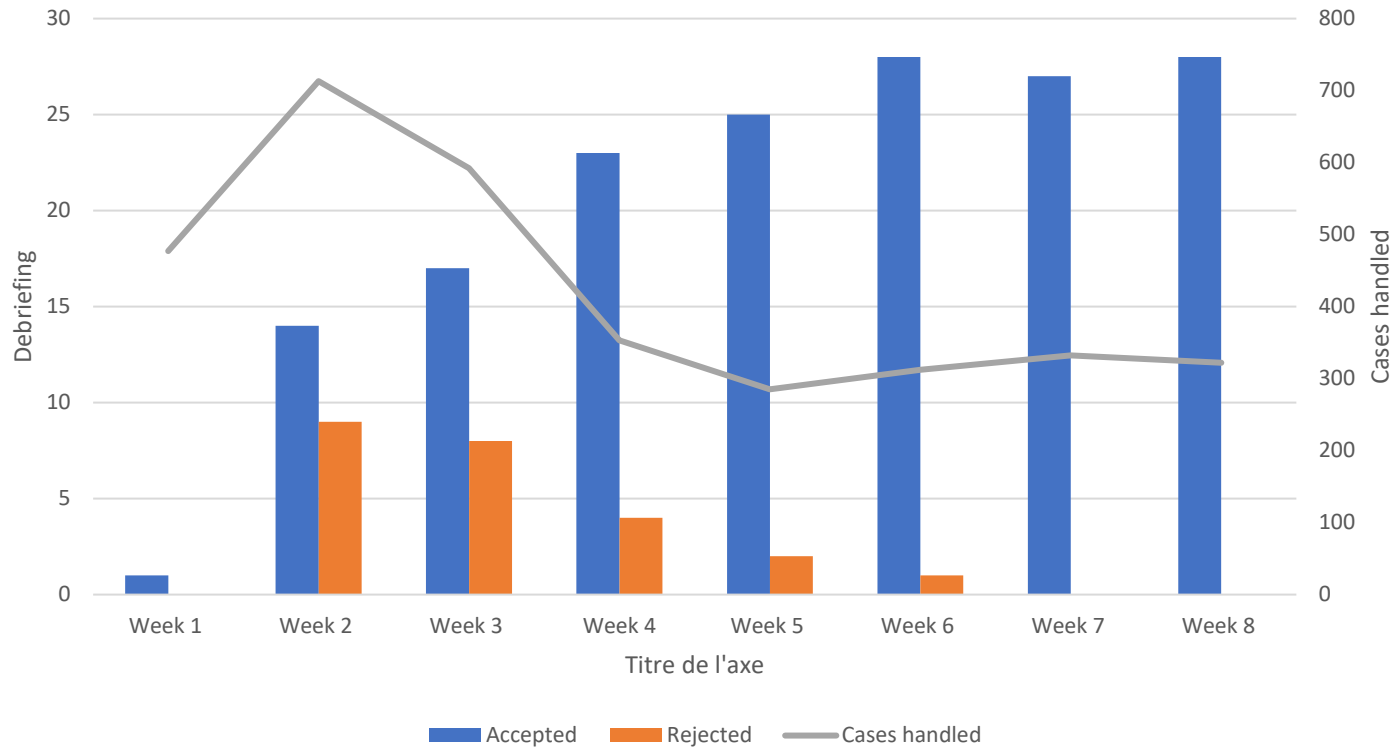
Who ?

- Physicians
- Nurses
- Qualiticians
- Trained in clinical debriefings

Does it work ?

- Improve individual and team performance : 20% to 25% (Tannenbaum & Cerasoli, 2013)
- Better performance : defibrillator placement, intubation, oxygenation (Mullan et al., 2017)
- Clearly explain
- Gap between theory and practice : < 50% debriefings occurred (Arriaga et al., 2019)

Debriefings performed/activity



8 weeks

187 opportunities

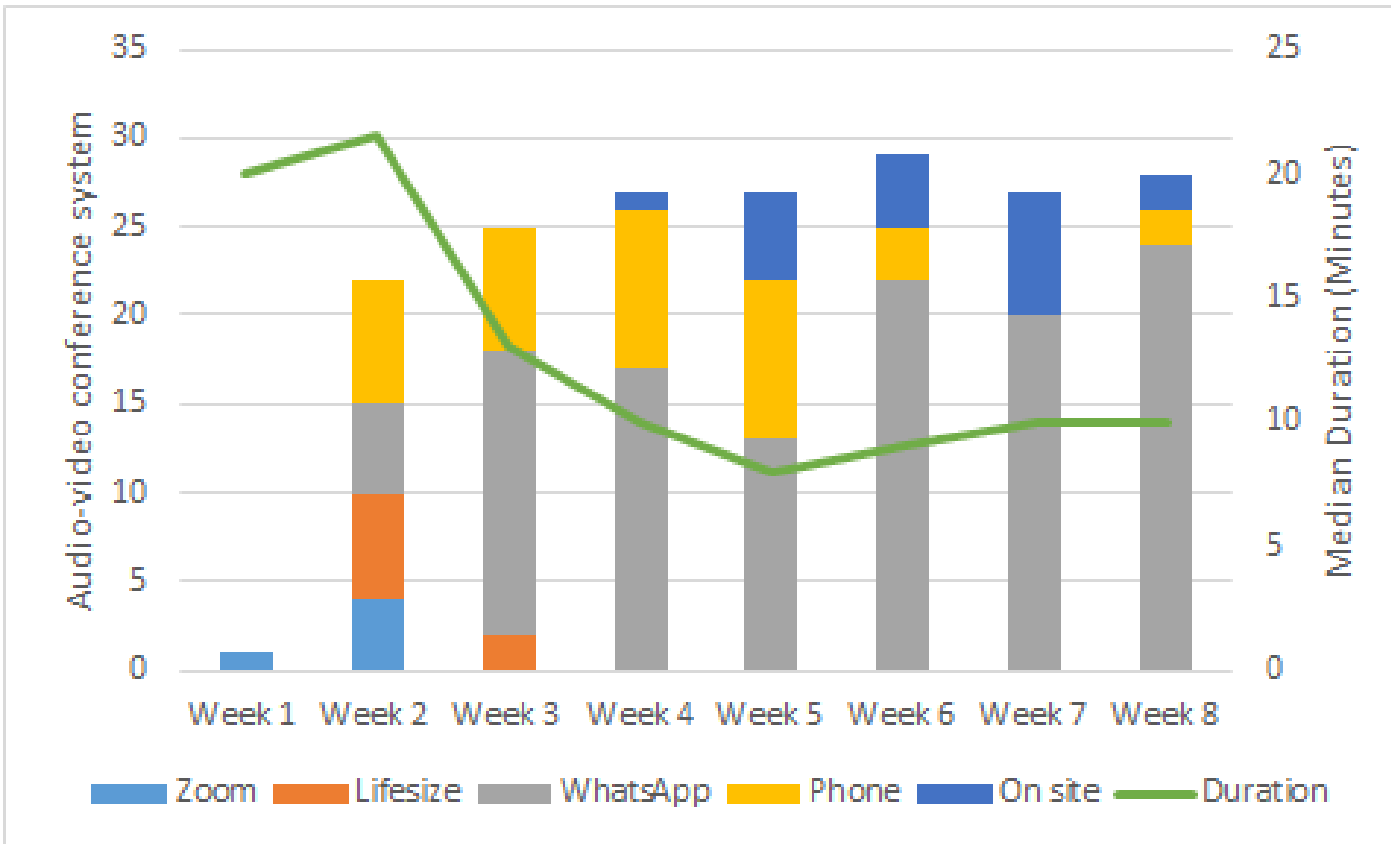
24 rejected (12.8%)

21/24 (87.5%) first 4 weeks

Spike in activity // debriefing increased

(Servotte et al., 2020)

Videoconference and duration



Zoom & Lifesize: abandon

→ WhatsApp

Duration : 10 minutes

Longer weeks 1 and 2

(Servotte et al., 2020)

Conclusion

- Best practices
- Skills improvement
- Research needed

Thank you ...

