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Evaluation of Golden Gait Approximation using Smart Clothing

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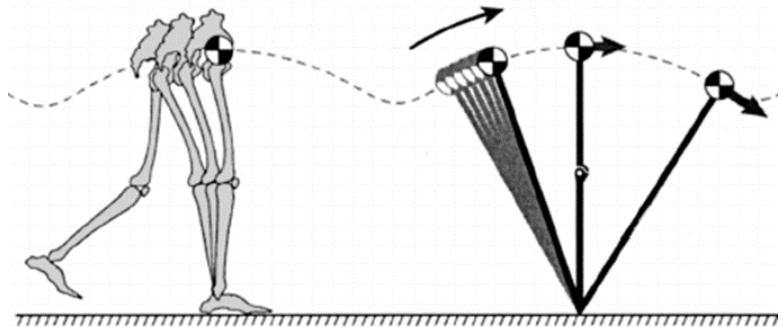
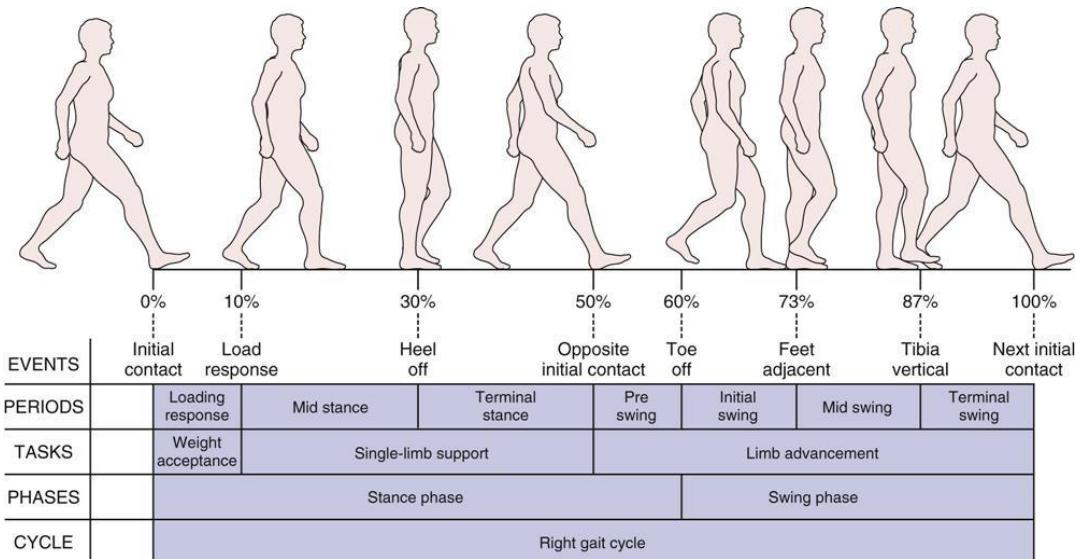
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Gait analysis and Spatiotemporal parameters



Spatial Parameters of Gait:

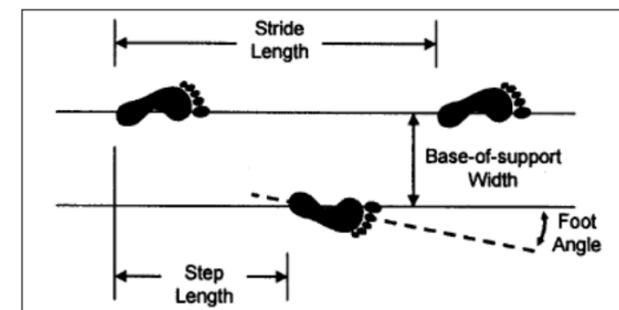
Step length - Right heel to left heel

Stride Length - Right heel to right heel

Step width - parallel distance between two heel strikes

People will increase their base if they're unstable

Gait / Foot angle



Temporal(time) Parameters of Gait:

Cadence (steps per minute)
Velocity (distance covered in a given time)

Stride Time - heel strike on left to heel strike on left

Step time - heel strike on left to heel strike on right

Swing and Stance phase time



Golden ratio

$$\phi = \frac{1 + \sqrt{5}}{2} = \text{stance/swing} = 1.618\dots$$

$$\phi = \text{Gait cycle/stance} = 1 + \cfrac{1}{1 + \cfrac{1}{1 + \cfrac{1}{1 + \dots}}}$$

Iosa, M., Morone, G., & Paolucci, S. (2017). Golden Gait: An Optimization Theory Perspective on Human and Humanoid Walking. *Frontiers in Neurorobotics*, 11.



Methods

Eighteen healthy male adults participated as volunteers to the study (mean age 26.33 ± 4.40 years, body mass 74.66 ± 5.62 kg) signing the informed after ethical committee approval.



Table.1 Anthropometric data (cm).

Variable	Mean	SD	SE	Varianc	Minimu	Maximu	
Stature	180.28	0.44	6.51	42.40	3.61	171.00	192.00
Leg length	93.94	0.35	5.14	26.39	5.47	84.00	105.00
Chest-feet length	130.94	0.38	5.67	32.12	4.33	122.50	143.00

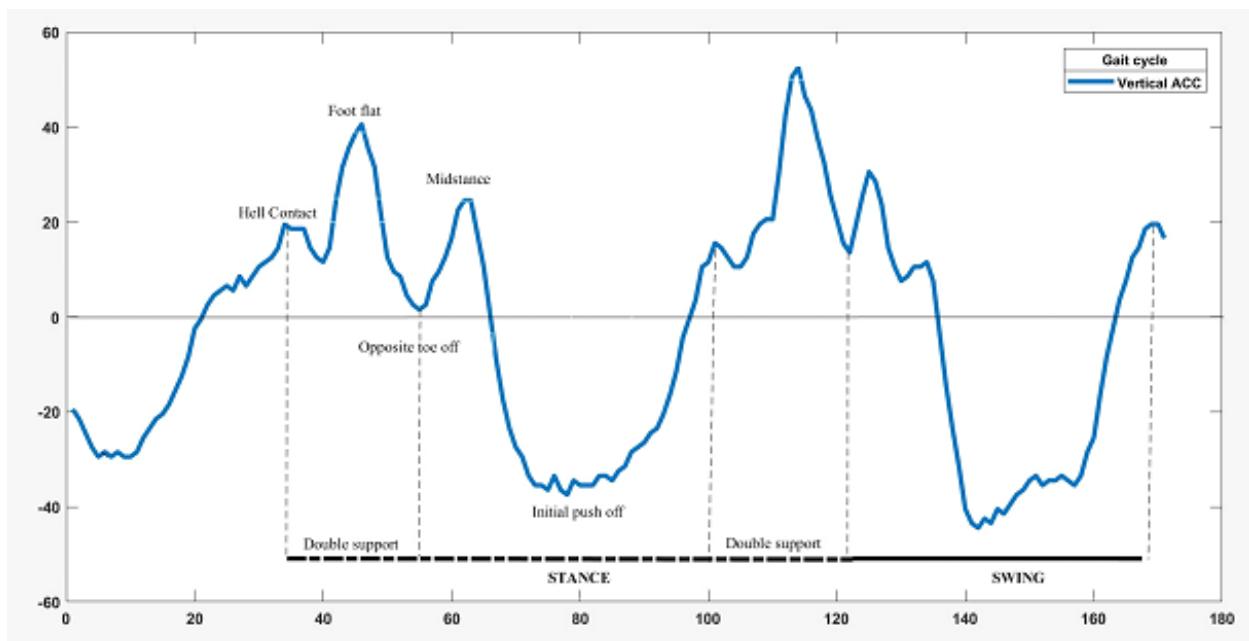


Fig.2 Example of identification of the gait cycle and related gait phases using the vertical acceleration in one subject that wore the smart shirt



Results

Table.2 Spatiotemporal gait parameters calculated using the smart shirt (ST=stance, SW=swing, speed(m/s), %ST= percent of stance, %SW= percent of swing).

Variable	Mean	SE Mean	SD	Variance	CV	Min	Max
ST	0.65	0.00236	0.03	0.001	5.31	0.54	0.74
SW	0.43	0.00217	0.03	0.001	7.41	0.32	0.52
% ST	60.29	0.141	2.07	4.32	3.45	55.11	67.93
%SW	39.70	0.141	2.07	4.32	5.24	32.06	44.88
Speed	1.37	0.00704	0.10	0.010	7.53	0.14	1.57

Table.3 Pairwise Pearson correlations between anthropometric data, step length and speed.

Sample 1	Sample 2	Correlation	95% CI for ρ	p-value
Leg length	Stature	0.865	(0.827, 0.895)	0.0001
Chest-feet length	Stature	0.885	(0.852, 0.911)	0.0001
Speed	Stature	0.230	(0.100, 0.353)	0.0010
Chest-feet length	Leg length	0.741	(0.674, 0.796)	0.0001
Step length	Leg length	0.865	(0.827, 0.895)	0.0001
Speed	Leg length	0.174	(0.042, 0.301)	0.0101
Step length	Chest-feet length	0.885	(0.852, 0.911)	0.0001
Speed	Chest-feet length	0.220	(0.090, 0.344)	0.0010
Speed	Step length	0.230	(0.100, 0.353)	0.0010



Results and conclusions

Table 4. Gait ratios

Variable	SE							
	Mean	Mean	SD	Variance	CV	Minimum	Maximum	Range
GC/ST	1.66	0.003	0.056	0.003	3.39	1.47	1.814	0.34
ST/SW	1.52	0.009	0.138	0.019	9.05	1.22	2.11	0.89
SW/DS	2.70	0.755	11.10	123.21	410.87	1.00	164.97	163.97

Fig. 3 Describes the golden equilibrium as intercept between stability(SW/DS) and advancement(SW/ST) for the entire population.

